

Quitting Time for Alcohol Questionnaire (QTAQ)

BRIEF DESCRIPTION

The QTAQ is a 23-item questionnaire designed to measure reasons for episodic cessation of alcohol use using college students and community and clinical populations. It has three subscales: Internal Status, Avoidance-Adherence, and Immediate Context. Confirmatory factor analysis showed good psychometric structures for the students and community but not the clinical populations.

TARGET POPULATION

- Adults
 Adolescents (over 16 years)

Groups for which this instrument might be especially helpful?

Students, community social drinkers, and problem drinkers

ADMINISTRATIVE ISSUES

Number of items: 23

Number of subscales: 3

Format(s): Pencil-and-paper self-administered

Interview

Observation

Computer self-administered

Other

Time required for administration: 10 minutes

Administered by: *Self*

Training required for administration? yes no

SCORING

Time required to score/interpret: 10 minutes

Scored by: *Self*

Scoring key? yes no

Computerized scoring or interpretation available? yes no

Norms available? yes no

Instrument normed on subgroups? yes no

Which groups? *College students and community drinkers*

PSYCHOMETRICS

Have reliability studies been done? yes no

What measure(s) of reliability was used?

Test-retest

Split half

Internal consistency

Have validity studies been done? yes no

What measures of validity have been derived?

Content

Criterion (predictive, concurrent, "postdictive")

Construct

SOURCE, COST AND COPYRIGHT ISSUES

Copyright: yes no

Cost: *None*

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SOURCE REFERENCE

Oei, T.P.S., Sweeton, J., Dingle, G.A. & Chalmers, K.A. (2000). Psychometric properties of a quitting time for alcohol questionnaire: Factor structure, reliability and validity. *Addictive Behaviors*, 24(3), 383-398.

SUPPORTING REFERENCE

Oei, T.P.S. & Hasking, P. (in press). Confirmatory factor analysis of Quitting Time for Alcohol Questionnaire. *Addictive Behaviors*.