Section 7 - SOCIAL SITUATIONS The next few questions are about SOCIAL SITUATIONS which may have made you EXTREMELY Statement Q frightened or anxious at some time in your life. N7STQ 1a. Some people have such a strong fear of social situations, like doing things in front of other people, interacting with people or being the center of attention, that they become EXTREMELY frightened or anxious or they try to avoid them. Have you EVER had a strong fear, anxiety or avoidance 1 ☐ Yes **N7Q1A of . . .** (Repeat phrase frequently) 2 □ No Speaking or talking in front of other people? 1 ☐ Yes **N7Q1B** b. Having conversations with people you don't know well? 2 □ No c. Going to parties or other social gatherings? 1 ☐ Yes **N7Q1C** 2 □ No d. Eating or drinking in public? 1 ☐ Yes **N7Q1D** 2 □ No 1 ☐ Yes **N7Q1E** e. Writing while someone else was watching? 2 □ No f. Dating? 1 ☐ Yes **N7O1F** 2 □ No g. Being in a small group situation? 1 ☐ Yes N7Q1G 2 □ No h. Taking part or speaking in a class? 1 ☐ Yes **N7Q1H** $2 \square No$ 1 ☐ Yes **N7Q1I** Being interviewed, like for a job? 2 □ No 1 ☐ Yes **N7O1J** Taking part in or speaking at a meeting? 2 □ No 1 ☐ Yes **N7Q1K** k. Performing in front of other people? 2 □ No 1 ☐ Yes **N7Q1L** Taking an important exam? $2 \square No$ 1 ☐ Yes **N7Q1M** m. Speaking to an authority figure - like a teacher or a boss? 2 □ No 1 ☐ Yes **N7Q1N** n. Meeting new people? 2 □ No 0. Talking to people at social gatherings? 1 ☐ Yes **N7Q10** 2 □ No p. Have you EVER had a strong fear, anxiety or avoidance 1 ☐ Yes Specify N7Q1P of any other SOCIAL situation? $2 \square No$ N7Q1PSPECIFY CHECK Is any item 1a - p marked yes? **ITEM 7.0** 1 ☐ Yes **N7CK70** 2 ☐ No - SKIP to Section 8 Did you have a STRONG FEAR, anxiety or avoidance of 1 ☐ Yes **N7O2** 2. any social situation because you were afraid of being 2 □ No embarrassed or humiliated by what you might say or do

1 ☐ Yes **N7Q3**

2 □ No

around other people?

how anxious you were?

3.

Did you have a STRONG FEAR, anxiety or avoidance of

become speechless, have nothing to say or you might show

any social situation because you were afraid you would

Section 7 - SOCIAL SITUATIONS (Continued)		
4.	Did you have a STRONG FEAR, anxiety or avoidance of any social situation because you were afraid of being rejected by other people because of what you might say or do?	1 □ Yes N7Q4 2 □ No
5.	Did you have a STRONG FEAR, anxiety or avoidance of any social situation because you were afraid you might offend people by what you might say or do?	1 □ Yes N7Q5 2 □ No
6.	When you found yourself in any of these social situations, were you ALMOST ALWAYS very anxious or frightened?	1 □ Yes N7Q6 2 □ No
7.	When you were in any of these social situations because you had to be there, were you very frightened or anxious the whole time?	1 □ Yes N7Q7 2 □ No
8.	Did you EVER avoid any of these social situations because of your anxiety or strong fear of them?	1 □ Yes N7Q8 2 □ No
9.	Did you EVER feel that your fear, anxiety or avoidance of any of these social situations was out of proportion in relation to the actual danger of the social situation?	1 □ Yes N7Q9 2 □ No
10.	Did you EVER feel that your fear, anxiety or avoidance of any of these social situations was excessive or unrealistic, that is, in excess of the actual danger of the social situation?	1 □ Yes N7Q10 2 □ No
CHE	is yes marked in Hem / Section of UK Hem 31	1 ☐ Yes 2 ☐ No - SKIP to Check Item 7.1B N7CK71
11.	When you were in any of these social situations that made you frightened and anxious, did you EVER have a panic attack?	1 ☐ Yes – <i>SKIP to 13</i> N7Q11 2 ☐ No – <i>SKIP to 12</i>
CHE	Is Check Item 6.2, Section 6, marked "Yes" OR is Check Item 6.17, Section 6, marked "Yes"?	1 □ Yes 2 □ No - <i>SKIP to 13</i> N7CK71B
12.	When you were in any of these social situations, did you EVER experience some of the symptoms of a panic attack?	1 □ Yes N7Q12 2 □ No
13.	Were you EVER very anxious or frightened of any of these social situations because you were afraid of having a panic attack or panic symptoms?	1 □ Yes N7Q13 2 □ No
14.	Did you EVER avoid any of these social situations because you were afraid of having a panic attack or panic symptoms?	1 □ Yes N7Q14 2 □ No
15a.	Did your fear, anxiety or avoidance of any of these social situations EVER (Repeat phrase frequently)	
	Make you feel very upset?	1 □ Yes N7Q15A 2 □ No
b.	Interfere with your relationships with other people - like arguing with them or avoiding them?	1 □ Yes N7Q15B 2 □ No
c.	Interfere with doing things you were supposed to do - like working, doing your schoolwork, or taking care of your home or family?	1 □ Yes N7Q15 C 2 □ No
d.	Restrict your usual activities in any way?	1 □ Yes N7Q15D 2 □ No
е.	Keep you from doing something you wanted to do?	1 □ Yes N7Q15E 2 □ No
16.	About how old were you the FIRST time you BEGAN to experience a strong fear, anxiety or avoidance of any social situation?	Age N7Q16
CHE	Is respondent's age in 16 within 1 year of his/her present age or is present or age in 16 unknown?	1 □ Yes 2 □ No - <i>SKIP to 17b</i> N7CK72A

	Section 7 - SOCIAL SITUATIONS (Continued)	
17a.	Did this FIRST time BEGIN to happen during the last 12 months?	1 □ Yes N7Q17A 2 □ No
b.	In your ENTIRE LIFE how many SEPARATE times were there when you had a strong fear, anxiety or avoidance of any social situation?	Number
	By separate times, I mean times separated by at least 2 months when you WEREN'T anxious or afraid of social situations and you DIDN'T try to avoid them.	
	If respondent says "All my life" or "There was never a time when I didn't fear or avoid situation", code 1.	
CHE	Is number entered in 17b, 2 or more or unknown?	1 □ Yes 2 □ No - <i>SKIP to 20a</i> N7CK72B
18a.	How old were you the MOST RECENT time you BEGAN to experience a strong fear, anxiety or avoidance of any social situation?	Age N7Q18A
CHIE	Is respondent's age in 18a within 1 year of his/her present age or is present age or 18a unknown?	1 □ Yes 2 □ No - <i>SKIP to 19a</i> N7CK73A
18b.	Did this MOST RECENT time when you were afraid or anxious or avoided any social situation BEGIN to happen during the last 12 months?	1 □ Yes N7Q18B 2 □ No
19a.	How long did (this/your) MOST RECENT time last when you were afraid, anxious or avoided any social situation? (If less than 1 week enter 1 week.)	Week(s)
b.	Since this MOST RECENT time BEGAN, have there been at least 2 months when you WEREN'T anxious or afraid of any social situation and you DIDN'T try to avoid them?	1 □ Yes 2 □ No - <i>SKIP to 19d</i> N7Q19B
CHE	Is 18b marked "Yes"?	1 □ Yes - <i>SKIP to 19d</i> N7CK73B 2 □ No
19c.	Did this MOST RECENT time when you WEREN'T anxious or afraid of any social situation and DIDN'T try to avoid them BEGIN to happen in the last 12 months?	1 □ Yes N7Q19C 2 □ No
d.	In your ENTIRE LIFE, what was the LONGEST period you had when you were afraid, anxious or avoided any social situation? (If less than 1 week enter 1 week.)	Week(s) ORMonth(s) ORYear(s) N7Q19DUNIT, N7Q19DCONT SKIP to Check Item 7.4
20a.	How long did that period last when you were afraid, anxious or avoided any social situation? (If less than 1 week enter 1 week.)	Week(s)
b.	Since that time BEGAN, have there been at least 2 months when you WEREN'T anxious or afraid of any social situation and you DIDN'T try to avoid them?	1 ☐ Yes 2 ☐ No - SKIP to Check Item 7.4 N7Q20B
CHE	CK Is 17a marked "Yes"?	1 ☐ Yes - SKIP to Check item 7.4 N7CK73C 2 ☐ No
20c.	Did that time when you WEREN'T anxious or afraid of social situations and DIDN'T try to avoid them BEGIN to happen in the last 12 months?	1 □ Yes N7Q20 C 2 □ No
CHE	Refer to Check Hem 2.1. Section 2A.	1 □ Yes - <i>SKIP to 23</i> N7CK74 2 □ No

	Section 7 - SOCIAL SITUATIONS (Continued)	
21.	Did (that time/ANY of those times) when you had a strong fear, anxiety or avoidance of social situations BEGIN to happen DURING or within 1 month AFTER drinking heavily or a lot more than usual?	1 □ Yes N7Q21 2 □ No
22.	Did (that time/ANY of those times) when you had a strong fear, anxiety or avoidance of social situations BEGIN to happen DURING or within 1 month AFTER experiencing the bad aftereffects of drinking?	1 □ Yes N7Q22 2 □ No
23.	Did (that time/ANY of those times) when you had a strong fear, anxiety or avoidance of social situations BEGIN to happen DURING or within 1 month AFTER using a medicine or drug?	1 □ Yes N7Q23 2 □ No
24.	Did (that time/ANY of those times) when you had a strong fear, anxiety or avoidance of social situations BEGIN to happen DURING or within 1 month AFTER experiencing the bad aftereffects of a medicine or drug?	1 □ Yes N7Q24 2 □ No
CHE		1 □ Yes 2 □ No - <i>SKIP to 26a</i> N7CK75
CHE	Is Check Item 7.2B marked "No"?	1 ☐ Yes 2 ☐ No - SKIP to Check Item 7.6B N7CK76A
25a.	During that time, did you STOP (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs) for at least 1 month?	1 □ Yes 2 □ No - <i>SKIP to 26a</i> N7Q25A
b.	Did you CONTINUE to have a strong fear, anxiety or avoidance of any social situation for at least 1 month AFTER you STOPPED (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs)?	$ \begin{array}{c} 1 \square \text{ Yes} \\ 2 \square \text{ No} \end{array} \begin{array}{c} SKIP \text{ to } 26a \qquad \textbf{N7Q25B} \end{array} $
CHE	Is 17a marked "Yes" or 18b marked "Yes"?	1 □ Yes 2 □ No - <i>SKIP to 25g</i> N7CK76B
25c.	Did ALL of the times when you had a strong fear, anxiety or avoidance of social situations in the last 12 months ONLY BEGIN to happen during or within 1 month after (drinking heavily/using any medicines or drugs/experiencing the bad aftereffects of drinking/medicines or drugs)?	1 ☐ Yes 2 ☐ No - <i>SKIP to Check Item 7.6C</i> N7Q25 C
d.	During ANY of those times in the last 12 months when you had a strong fear, anxiety or avoidance of social situations after (drinking heavily/using any medicines or drugs), did you STOP (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs) for at least 1 month?	1 ☐ Yes 2 ☐ No - SKIP to Check Item 7.6C N7Q25D
e.	During ALL of those times, did you STOP (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs)?	1 □ Yes N7Q25E 2 □ No
f.	Did you CONTINUE to have a strong fear, anxiety or avoidance of any social situation for at least 1 month AFTER ANY of those times in the last 12 months when you STOPPED (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs)?	1 □ Yes N7Q25F 2 □ No
CHE	CK Is 17a marked "Yes"?	1 ☐ Yes - <i>SKIP to 26a</i> N7CK76C 2 ☐ No
25g.	Did ALL of the times when you had a strong fear, anxiety or avoidance of social situations BEFORE 12 months ago ONLY BEGIN to happen during or within 1 month after (drinking heavily/using any medicines or drugs/experiencing the bad aftereffects of drinking/medicines or drugs)?	1 □ Yes 2 □ No - <i>SKIP to 26a</i> N7Q25G

	Section 7 - SOCIAL SITUATIONS (Continued)	
25h.	During ANY of those times BEFORE 12 months ago when you had a strong fear, anxiety or avoidance of social situations after (drinking heavily/using any medicines or drugs), did you STOP (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs) for at least 1 month?	1 □ Yes 2 □ No - <i>SKIP to 26a</i> N7Q25H
i.	During ALL of those times, did you STOP (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs)?	1 □ Yes N7Q25I 2 □ No
j.	Did you CONTINUE to have a strong fear, anxiety or avoidance of any social situation for at least 1 month AFTER ANY of those times BEFORE 12 months ago when you STOPPED (drinking heavily/using medicines and drugs/experiencing the bad aftereffects of drinking/medicines and drugs)?	1 □ Yes N7Q25J 2 □ No
26a.	Did you EVER talk to any health professional like a psychiatrist, other medical doctor, psychologist, social worker or any other kind of counselor or therapist to get help for your fear, anxiety or avoidance of social situations?	1 □ Yes N7Q26A 2 □ No
b.	Did you EVER go to a self-help or support group, use a hotline or visit an internet chat room to get help for your fear, anxiety or avoidance of social situations?	1 □ Yes N7Q26B 2 □ No
27.	Did you EVER go to an emergency room to get help for your fear, anxiety or avoidance of social situations?	1 □ Yes N7Q27 2 □ No
28.	Were you EVER a patient in any kind of hospital overnight or longer because of your fear, anxiety or avoidance of any social situation?	1 □ Yes N7Q28 2 □ No
29.	Did a doctor EVER prescribe any medicines or drugs for your fear, anxiety or avoidance of social situations?	1 □ Yes N7Q29 2 □ No
CHE		1 ☐ Yes 2 ☐ No - SKIP to Check Item 7.9 N7CK77
30.	About how old were you the FIRST time you went anywhere or saw anyone to get help for your fear, anxiety or avoidance of social situations?	Age N7Q30
CHE	is age in 50 edual to respondent's current age?	1 ☐ Yes - <i>SKIP to Check Item 7.9</i> N7CK78 2 ☐ No
31.	Did you go anywhere or talk to anyone in the last 12 months?	1 □ Yes 2 □ No - SKIP to Check Item 7.9 N7Q31
CHE	Is age in 30 at least 2 years less than respondent's current age?	1 ☐ Yes - <i>SKIP to Check Item 7.9</i> N7CK78A 2 ☐ No
32.	Did you go anywhere or talk to anyone before 12 months ago, that is, BEFORE last (Month one year ago)?	1 □ Yes N7Q32 2 □ No
CHE ITEN	Check Item 7.2b marked NO ?	1 □ Yes 2 □ No - <i>SKIP to Check Item 7.10</i> N7CK79
33a.	Did your fear, anxiety or avoidance of social situations BEGIN to happen during a time when you were physically ill or getting over being physically ill?	1 □ Yes 2 □ No - SKIP to Section 8 N7Q33A
b.	Did a doctor or other health professional tell you that your fear, anxiety or avoidance of social situations was related to your physical illness or medical condition?	1 ☐ Yes 2 ☐ No } SKIP to Section 8 N7Q33B
CHE ITEN	Is 17a marked "Yes" or 18b marked "Yes"?	1 □ Yes 2 □ No - <i>SKIP to 33e</i> N7CK710

Section 7 - SOCIAL SITUATIONS (Continued)		
33c. Did ALL of those times when you were afraid, anxious or avoided social situations in the last 12 months ONLY BEGIN to happen DURING times when you were physically ill or getting over being physically ill?	1 □ Yes 2 □ No - SKIP to Check Item 7.11 N7Q33C	
d. Did a doctor or other health professional tell you that ALL of the times like this were related to your physical illness or medical condition?	1 □ Yes N7Q33D 2 □ No	
CHECK ITEM 7.11 Is 17a marked "Yes"?	1 ☐ Yes - <i>SKIP to Section 8</i> N7CK711 2 ☐ No	
33e. Did ALL of those times when you were afraid, anxious or avoided social situations BEFORE 12 months ago ONLY BEGIN to happen DURING times when you were physically ill or getting over being physically ill?	1 □ Yes 2 □ No - SKIP to Section 8 N7Q33E	
f. Did a doctor or other health professional tell you that ALL of the times like this were related to your physical illness or medical condition?	$ \begin{array}{c} 1 \square \text{ Yes} \\ 2 \square \text{ No} \end{array} \right\} Go \text{ to Section 8} \qquad \textbf{N7Q33F} $	